



EGD Preparation Planner



Procedure Time: you will be contacted within 1 week of the procedure date with your arrival time.



Transportation: Once you have received your arrival time, coordinate your transportation needs for the day of the procedure. **According to State law you may not, under any circumstance, be allowed to drive a motor vehicle home or walk home once your procedure is completed. We reserve the right to cancel the procedure at any time if transportation is not confirmed.**



Medications: Please stop Vitamin E, any multi-vitamins containing Vitamin E, any oil based supplements, (fish oil, castor oil), and Iron supplements **1 week prior to procedure.** DIABETICS SHOULD CHECK WITH THEIR DOCTOR REGARDING THEIR MEDICATIONS.



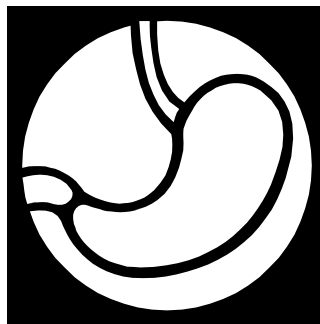
1 Day before your procedure:

1. Eat your last meal at dinner time.
2. **NOTHING TO EAT AFTER MIDNIGHT!**
3. **YOU MAY CONTINUE CLEAR LIQUIDS UNTIL 4 HOURS BEFORE YOUR SCHEDULED ARRIVAL.**
4. Take your daily medication as scheduled (*if you are prescribed any*).



Day of your procedure:

1. Arrive to your appointment wearing loose-fitting clothes, socks, and a short-sleeved shirt.
2. **REMINDER: NOTHING TO DRINK WITHIN 4 HOURS OF ARRIVAL;** otherwise your procedure will be delayed!



Coastal Digestive Care Center, LLC.
www.coastaldigestivecare.com



For any questions regarding your prep or diet restrictions, please call and leave a message on the Nurse's line at: 860-447-0402 or visit our website for further details: www.coastaldigestivecare.com.